



# 2025 IMPACT REPORT

PEACE & HEALTH



MOSES/WEITZMAN  
Health System  
Always groundbreaking. Always grounded.

# Care, empowerment, and partnership are the foundation of our approach to health.

Our wraparound services are delivered with respect and dignity, meeting each patient wherever they are, regardless of their ability to pay. We bring our services, research, training, and outreach to communities most in need. We care for those at risk of being left behind.

And the reach of Moses/Weitzman Health System's (MWHS) healthcare expertise continues to expand...locally in CT and beyond!

## Extraordinary support. Powerful impact.

This past year, hundreds of individuals, foundations, and corporations gave or committed over \$11.7 million to the MWHS system and our many affiliates—including an incredible \$8.8 million commitment from the LEGO® Foundation to support the Prescription for Play program at the Weitzman Institute!

Your gifts allow us to continue building our groundbreaking approach to healthcare while remaining grounded in the communities we serve.

“We are incredibly grateful to all who support our health system. We are excited to share just a few highlights from our work during the past year that your gifts made possible.”

—MARK MASSELLI  
MWHS Founder, CEO & President

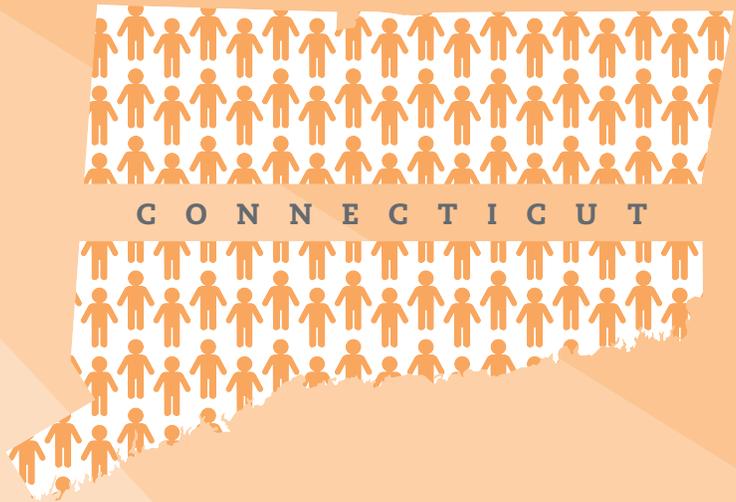


# FY25 By the Numbers:

July 1, 2024–June 30, 2025

## 107,000+

primarily low-income children, teens, adults, and seniors from every city and town in CT received medical, dental, and behavioral health services from Community Health Center, Inc. (CHC)



 **94,500+**  
MEDICAL

 **19,800+**  
DENTAL

 **19,700+**  
BEHAVIORAL HEALTH

**150+**  
school-based  
health centers served



**708,000+**  
healthcare visits across  
all CHC services

**1,467**  
mobile health visits



N A T I O N W I D E



Educated  
**40,000+**  
healthcare professionals  
through online training



**4,092**  
citations of  
Weitzman Institute's  
national publications



eConsult access to  
specialists provided in  
**34 states**

# Rural Care

Rural primary care is evolving. Through a nationally recognized network of affiliates, MWHS partners with rural providers by expanding access to specialty care, strengthening the rural workforce, and supporting sustainable primary care delivery models.

## Sal's Story

Living in a rural community, Sal had no easy access to primary care. One day she saw Community Health Center's (CHC) Maternal Mobile Health Unit (MHU), parked at the Walmart in Danielson, CT, and asked for a flu shot. In the course of that brief encounter, the provider learned that Sal had not received any preventive care in over a decade. Sal shared that she was uninsured, had no car, and recently lost her job. She agreed to have a physical and to come back in a month to check in.

*“Thank you! I've never been treated like this before.”*

Over the next few months, Sal continued to receive medical care through the MHU and eventually admitted that she'd been struggling with depression. The MHU provider was able to connect Sal to CHC's virtual behavioral health services. It has been three years and Sal's overall health has improved and she continues to visit the MHU for preventive and acute care.



MWHS's Consortium for Advanced Practice Providers partners with rural organizations to develop, expand, and sustain residencies and fellowship programs that create long-term workforce pipelines. Caring for millions of patients, advanced practice providers are on the frontline of primary care in this country.

Attendees of the July 2025 annual Consortium conference in Denver included national "safety-net" providers and representatives of nurse practitioner and physician assistant post-graduate training programs.



# Maternal and Infant Care

The Improving Maternal Outcomes Now! (IMON!) program provides comprehensive perinatal care by integrating midwifery services, group prenatal care, social needs support, lactation counseling, and 24/7 virtual care for expecting and new mothers. Since its launch at Community Health Center, Inc.'s New Britain clinic, IMON! participants have demonstrated better health outcomes than national averages:

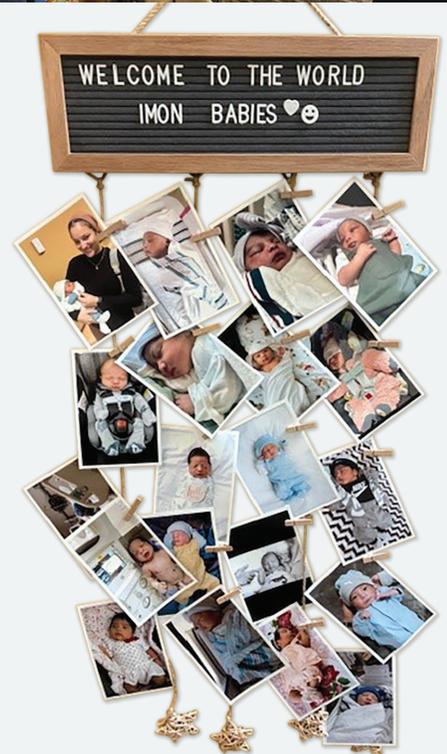
- Lower rates of pre-term births (4% vs. 10%)
- Fewer low-birth weight babies (5% vs. 11%)
- Lower rates of Cesarean births (24% vs. 32%)
- Higher rates of breastfeeding initiation (100% vs. 86%)

*“[IMON! providers] were consistently there to give me positive affirmations and to empower me and remind me that I wasn't alone. Anytime I needed to give them a call or text them, they were there for me. They made it very clear that I had support!”*

—LEAMSIE MUNIZ, single mom and IMON! patient



Scan to see her story



Initially funded by the federal Health Resources and Services Administration, private funding in 2025 from The Community Chest of New Britain and The Community Foundation of Greater New Britain help sustain the program.

# Empowering Survivors of Domestic and Family Violence

Chelsea spent most of her life as a victim of abuse—first as a child and later in a domestic violence relationship. She had no self-respect and believed she was broken, unlovable, and helpless.

When she finally fled, she felt relieved but terrified. When she arrived at Community Health Center, Inc.'s New Horizons Domestic Violence Services shelter, Chelsea mostly slept, afraid of what would happen when she woke up. After nearly a week of hiding in bed, a staff member gently asked, "Would you be able to get out of bed? I still don't even know what you look like." Chelsea realized she had kept her head down for so long, hiding from the world, that no one even knew who she was anymore.

Chelsea was scared to ask for help. For so long, asking for help meant abuse— verbal and physical. But slowly she began to trust the help New Horizons offered.

*“I was combative, scared, and angry. But the staff at New Horizons met me with something I had never truly experienced before: compassion and patience. They showed me gentle love, the kind I thought was too good to be true. They reminded me of my worth, while still holding me accountable when I needed it. And because of that safe environment, I was finally able to start fresh.”*

Chelsea shared her story at a recent New Horizons' "Hope Grows Here" event during Domestic Violence Awareness Month.

Over the next six months, Chelsea worked with staff on her goals, emotional regulation, and the legal issues that arose from her abusive situation. Today, Chelsea is a survivor. She has integrity. She has self-respect. She found purpose and peace.

*“I am forever grateful to the women and staff at New Horizons for giving me a chance—when no one else would.”*

## Working in Neighborhoods

Grounded in empowerment and dignity, Community Health Center, Inc.'s Access to Care (ATC) team is often the first touchpoint for individuals and families seeking services. The team ensures patients are never alone in navigating complex systems that impact their health including insurance, transportation, finances, housing, food security, and other environmental factors.

**ATC acts with empathy, patience, and purpose. Their mission is simple but profound: eliminate individual and systemic barriers, open doors, and equip people with the tools they need to move forward confidently.**



ATC Community Outreach Coordinators in Middletown.

**Across all CHC sites, last year ATC conducted over 15,000 in-person appointments to provide patients with vital assistance.**

## Partnering with Pediatricians to Promote Play



For the last three years, the Weitzman Institute has partnered with The LEGO® Group, The LEGO® Foundation, The Starlight Foundation, and the American Academy of Pediatrics to help bring the free Prescription for Play (P4P) program to over 2.5 million children and 4,700+ medical professionals across the country.

Pediatric healthcare providers speak to caregivers during routine well-child visits about the importance of play. Caregivers receive educational materials and each child (ages 18-36 months) receives a play kit of LEGO® DUPLO® bricks.

High-quality play promotes social-emotional development, school readiness, and overall health for children while strengthening the crucial caregiver-child bond and boosting the whole family's ability to withstand stress.



**In 2025, the LEGO® Foundation awarded a new multi-year grant of \$8.8 million to fund the complete transition of operational oversight and ongoing research for P4P to MWHs's Weitzman Institute.**



## Building and Strengthening the Healthcare Workforce

To help address critical healthcare provider shortages, the National Institute for Medical Assistant Advancement (NIMAA) provides affordable training for those looking to become certified Medical Assistants. As an affiliate of MWHs, NIMAA prepares its graduates to become essential frontline providers, especially in communities served by Federally Qualified Health Centers (FQHC). NIMAA's affordable training model includes virtual learning and hands-on externships at partnering FQHCs across the country.

In 2025, The Colorado Health Foundation expanded its grant support of NIMAA to bolster recruitment, training, and support for Spanish-speaking students and communities. Receiving care from providers who share patients' cultural and language background has proven to improve overall health outcomes.

◀ *2025 NIMAA graduate Danielle R. Feliciano gains hands-on experience with an instructor while training to become a registered medical assistant.*

## Collaborating with Early Childhood Educators

The Child Guidance Center of Southern CT (CGC), a program of Community Health Center, Inc., and the Children's Learning Center in Stamford have partnered for years to bring mental health consultation to federally funded preschool classrooms and to provide on-site mental health services to students and families. Each year, this partnership reaches over 2,000 children.

Last summer, CGC and MWHs's Weitzman Institute led a multi-state Learning Collaborative to train other organizations serving infants and young children.

.....  
**Participants reported: gaining new knowledge, skills, and confidence; implementing effective individual and team-based changes in their organizations; and feeling hopeful that lessons learned would improve mental health outcomes for the young children they serve.**  
.....

# Food as Medicine

## Building a Community Greenhouse

This year, Community Health Center, Inc. (CHC) broke ground on the construction of a new large urban greenhouse next to its Middletown clinic. Featuring traditional vegetable gardening, hydroponic farming, and ethno-cultural biodiversity beds, the greenhouse will become a hub of learning and nutrition for the community.



## Addressing Food Insecurity

On average, 30 visitors “shop” the brand new community refrigerator at CHC’s Norwalk location every day. This initiative is a partnership with Food Rescue US whose volunteers stock the fridge daily.



# Weitzman Institute: Innovation Without Borders

## Researching Disease Prevention Solutions

The more serious strains of the Human Papillomavirus (HPV) have been linked to increased risk for developing some types of cancer.

With support from the Prevent Cancer Foundation in 2025, the Weitzman Institute launched the *Federally Qualified Health Center HPV Test Self-Sampling* project.

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**The goal of the project is to research and develop a package of practical resources to help promote self-sampling for HPV among FQHC patients and to expand access to cervical cancer screenings.**

.....

## Piloting Community Violence Prevention Programs

With support from the Herbert & Nell Singer Foundation, the Weitzman Institute implemented and evaluated a new restorative justice and mindfulness intervention in New Britain, CT. Over ten weeks, a small group of at-risk teens participated in the *Heal Our Youth* program, learning mindfulness practices including yoga, meditation, stress relief, strength and balance, and self-care. Restorative justice instruction focused on conflict resolution, community assets, healing, and victim-offender dialog.

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**Participants reported improved self-esteem, communication, and conflict resolution skills.**

.....

## Learn More and Support Our Work

**You can support our programs and help us work toward better health for all!**

There are many ways you can make a difference. Scan the QR code, visit [www.mwhs1.com](http://www.mwhs1.com), or reach out to our Development Team at [development@mwhs1.com](mailto:development@mwhs1.com).





**MOSES/WEITZMAN**  
**Health System**

*Always groundbreaking. Always grounded.*

P.O. Box 3084  
Stamford, CT 06905



# Our Donors

*We are so grateful to the generous donors who made gifts to the MOSES/WEITZMAN Health System and its affiliates between July 1, 2024 and June 30, 2025.*

## \$1M+

The LEGO® Foundation

## \$100,000 – \$999,999

AcademyHealth  
City of Meriden  
Colorado Health Foundation  
Piper 522 Fund  
St. David's Foundation

## \$50,000 – \$99,999

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Nancy E. Barton Foundation  
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Tudor Foundation, Inc.

## \$25,000 – \$49,999

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The Ruth W. Brown Foundation

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Kathleen Hatfield  
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The Interfaith Golf Tournament Committee of St. Mary's Church, Portland, and the Congregation Adath Israel, Middletown in partnership with the Community Foundation of Middlesex County

JLR Accounting & Consulting, LLC  
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## \$500 – \$999

Lesley Apt and Doug Dudfield  
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The Community Thrift Shop at St. John's Episcopal Church  
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Richard Silver  
Trinity Lutheran Church  
Donna Zalichin and Barry Kramer

“I feel very strongly that private philanthropy—individual or through a foundation—should be the engine of innovation and change. We can't be afraid of taking risks or afraid of failure.”

—JAY SANDAK  
The Herbert and  
Nell Singer Foundation

## Up to \$500

Altrusa International of Central  
Connecticut Foundation

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Lucille and Jerry Kort

Dr. Michael Kortbus

Suzanne LeMoine

Naomi Lieberman

## Up to \$500 *(Continued)*

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Cameron and Susana Mackey  
Eugenia Magill  
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Howard Mark  
Michael Mark  
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Kellie Wood  
United Way of Greater Waterbury  
Vera Whole Health—  
Farmington Care Center  
Anne Downey and Ken Wiegand  
Lisa Yee  
Mary Zwecker

“Since 2021, Weitzman Institute has been a key implementation partner for Prescription for Play, and it has been inspiring to see their growing leadership and ownership of the program. Through their deep understanding of pediatric practice, the team has helped scale Prescription for Play to reach an increasing number of children each year. Importantly, they have also taken on oversight of how to, hopefully, transform pediatric providers into advocates of play-based childhoods—reinforcing play as a vital foundation for healthy childhood development.”

—KRISTIAN SØRENSEN  
Program Manager  
Nordic Programs  
The LEGO® Foundation

“NIMAA’s model opens doors for people who have historically been shut out of healthcare careers. CHF’s investment supports a pathway where diverse Medical Assistants can earn, learn, and stay rooted in Colorado’s safety-net clinics, advancing equity for the workforce and the patients they serve.”

—LIZ CHARLES  
Senior Program Officer  
The Colorado Health Foundation

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Barbara Strauss

### Madge Weisberg Conway

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### Deborah Weintraub

Janet and Ernie Banker  
Laura and Scott Beck  
Grace Markovits

If you made a gift between July 1, 2024 and June 30, 2025 and we have misrepresented or omitted your name, we sincerely apologize.

Please contact [development@mwhs1.com](mailto:development@mwhs1.com) so that we can correct it in our records and the digital version of this report.